My First Week at Junior High
我的初中第一周

My first week at junior high is finally over, and it was a brand new experience filled with excitement and a little bit of nervousness.

我的初中第一周终于结束了，这是一段全新的经历，充满了兴奋和一丝紧张。

The studies here are quite different from primary school. My favourite subjects are English and Science because I find them very interesting. I still remember my first English lesson vividly; the teacher was so friendly and we sang songs and read poems together. In the Science lab, I learnt how to use new equipment and work with my classmates as a team.

这里的学习和小学的很不一样。我最喜欢的科目是英语和科学，因为我觉得它们非常有趣。我至今仍清晰地记得我的第一堂英语课；老师非常友好，我们一起唱歌、读诗。在科学实验室里，我学会了如何使用新的设备，以及如何和同学们团队合作。

Life here is not just about studying. We also have many fun activities. During the break time, we often play games and do team activities in the playground. These moments helped me get to know my new friends and feel like a part of the school.

这里的生活不仅仅是学习。我们也有很多有趣的活动。课间休息时，我们经常在操场上玩游戏、做团队活动。这些时刻帮助我认识了新朋友，也让我感觉自己成为了学校的一份子。

Of course, starting something new is never easy, and I did face some problems. At first, it's hard to remember all the new teachers' names and find the right classrooms. When I was asked to introduce myself in front of the class, so many questions jumped into my mind and my mouth felt dry. I worried, "Is it OK to make a mistake?" But everyone was very supportive.

当然，开始新事物总是不容易的，我也确实遇到了一些问题。一开始，要记住所有新老师的名字、找到正确的教室是很难的。当被要求在全班面前做自我介绍时，我的脑海里涌现出许多问题，紧张得口干舌燥。我当时很担心："犯了错也没关系吗？"但大家都非常支持我。

Overall, my first week was challenging but wonderful. I am getting used to everything and look forward to the adventures in the coming years.

总的来说，我的第一周虽然充满挑战，但也非常精彩。我正在慢慢适应这里的一切，并期待着未来几年的探索与冒险。